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function Initialize() {

  ScriptApp.newTrigger("emailFormSubmission")
  .forSpreadsheet(SpreadsheetApp.getActiveSpreadsheet())
  .onFormSubmit()
  .create();

}

function emailFormSubmission() {
  var theFormSheet = SpreadsheetApp.getActiveSpreadsheet().getActiveSheet();

  var theEmail = "XXXXXXXXXXXXXXXX"; //e-mail, куда будут приходить заполненные данные формы
  var theSubject = "Новая заполненная анкета"; // тема письма

  var theQuestions = theFormSheet.getRange(1, 1, 1,theFormSheet.getLastColumn()).getValues();
  var theForm = theFormSheet.getRange(theFormSheet.getLastRow(), 1, 1,theFormSheet.getLastColumn()).getValues();
  var theBody = "";

  for (var i = 0; i< theForm[0].length; i++)
  {
    if (theForm[0][i]!="")
    {
      theBody += theQuestions[0][i]+" "+theForm[0][i]+"<br>";
    }
  }
  theBody += ";

  MailApp.sendEmail(theEmail, theSubject, "",{htmlBody: theBody});
}

```